

Patient Instructions - How to Prepare for a Cardiac or Peripheral CTA

Patient's Name: _____ DOB: ____ / ____ / ____

Test Date: ____ / ____ / ____

TEST Time: ____:____ am / pm / Arrive @ ____:____ am / pm



Cardiac CTA exam
View a video on what
to expect.



Peripheral CTA exam
View a video on what
to expect.

Testing Location: Mobile - Cardiology Associates Office, 3715 Dauphin Street, Ste 1100 – 1st floor, Heart Center, Building 1
(entrance adjacent to the main hospital entrance on the campus of Springhill Medical Center)
 Fairhope - Cardiology Associates Office, 188 Hospital Drive, Ste 100
(entrance to the left of main hospital entrance on the campus of Thomas Hospital)

IMPORTANT - PLEASE READ CAREFULLY

Preparation for Cardiac and / or Peripheral CTA:

CARDIAC CTA ONLY (and follow steps 1 – 5 below)

- ⇒ **Beginning 48 hours prior** to your scheduled test, **do not take any PDE inhibitors, such as Viagra, Cialis or Levitra.**
- ⇒ **Beginning 12 hours prior** to your scheduled test, **do not consume any products that contain caffeine or are decaffeinated.** This includes regular or decaf coffee, tea, sodas (Coca-Cola, Pepsi, Mountain Dew, Sunkist, Mello Yellow, etc.), energy drinks, chocolate products, or medications with caffeine.
- ⇒ **Also follow instructions 1-5 below**



CARDIAC AND PERIPHERAL CTA

- 1) **Do not eat four (4) Hours prior** to the test. If you are a diabetic, you may have a light breakfast. You may drink all the water you want. For "**Hard IV Sticks**" please start drinking extra amounts of water the day before your test.
- 2) **Medications:** If you are diabetic, you will need special instructions and withhold taking: Glucophage, Glucovance, Metformin, Avandamet.
- 3) **If insulin dependent,** hold your injection on the morning of the test. You may resume normal dosing after the test.
- 4) Take all other medications **with water only** on the day of the test.
- 5) Arrive **30 minutes** prior to your appointment.

Following your CTA:

- Upon completion of your exam, the IV will be removed. You may resume your normal activities. Be sure to drink large amounts of water over the next 24 hours.
- If you are a diabetic taking the drugs **Glucophage, Glucovance, Metformin or Avandamet,** you may resume your normal dose after 48 hours.
- If you are Insulin dependent, please hold your injection the morning of your test and resume your normal dosing schedule after the test.

DIAGNOSTIC TEST CANCELLATION POLICY: Proper test preparation is critical as a special dose will be ordered specifically for your test. Please notify us at least 24 hours in advance if you need to reschedule or cancel your appointment. Patients who do not prepare properly or who do not provide adequate notice will be subject to a cancellation fee of \$50.

QUESTIONS, PLEASE CALL OUR CT SCHEDULER – 251-340-6807